

Latino Addiction Counselor Education Program

A. Drug and Alcohol Studies:	Hours
1. Historical Perspectives and Attitudes about Drug Use, Addiction and Recovery	8
2. Introduction to Substance Use Disorders (SUD's): Disease Model and Holistic Approach	4
3. Understanding Recovery	8
4. Recovery Capital and Recovery Oriented Systems of Care (ROSC's)	8
5. Strength-Based Approaches to Recovery	4
6. Multiple Pathways of Recovery	8
7. Treatment Modalities	8
8. Pharmacology of Drugs, Including Alcohol	8
9. Neurobiology and SUD's	8
10. Re-Occurrence and Recovery	8
11. Counselor Wellness and Burn Out Prevention	4
12. Latina Women, SUD's and Recovery	8
13. Latino Men, SUD's and Recovery	8
14. Latino Young People, SUD's and Recovery	8
15. LGBTQ Latinos, SUD's and Recovery	8
16. Non-Latino Populations, SUD's and Recovery	8
17. Mutual Help Models: 12 Step Fellowships (AA, NA, GA, CA, etc.), Rational Recovery, Secular Organizations for Sobriety (SOS), Self-Management and Recovery Training (SMART).	4
Sub-Total	120
B. Counseling Techniques:	
	Hours
1. 12 Core Functions of a Counselor	8
2. Basic Counseling Skills	8
3. Advance Clinical Methods in Counseling	8
4. Theories of Counseling: Psychoanalytic, Humanistic, Behavioral, Rational Emotive, Client Centered, Gestalt, Existential, Transactional, Reality, Adlerian, Cognitive Behavioral)	20
5. Trauma Informed Care	8
6. Co-Occurring Disorders (SUD's, Mental Health, and Physical Health)	8
7. Assessment and Treatment Planning	8
8. Utilizing the DSM-V-TR	4
9. Utilizing the ASAM Criteria (American Society of Addiction Medicine)	4
10. Screening Brief Intervention and Referral to Treatment (SBIRT)	4
11. Transference and Counter Transference	4
12. Motivational Interviewing (MI)	4
13. Stages of Change (Trans-Theoretical Model)	8
14. Family Systems Theory	4
15. Group Treatment: Techniques and Facilitation	8
16. Crisis Intervention	4
17. Consultation and Clinical Supervision	4
18. Termination of Counseling	4
C. Sub-Total	120
Behavioral Sciences:	
	Hours
1. Drugs: Alcohol, Depressants, and Stimulants	8
2. HIV/AIDS	4
3. Viral Hepatitis A, B and C	4

4. Gambling	4
5. Tobacco	4
6. Harm Reduction and Opioid Overdose Prevention and Intervention	8
7. Wellness and Recovery	4
8. Legal Issues: Criminal Offender Records (CORI)	4
9. Professional Development for Counselors	10
Sub-Total	50
D. Ethics and Boundaries:	
	Hours
1. Establishing and Maintaining Healthy Boundaries	3
2. Confidentiality (42CFR) and Duty To Warn (Mandated Reporters)	3
3. Clinical Scenarios (Ethical Decision Making)	4
Sub-Total	10
Grand Total	300